


**EAST RANKIN ACADEMY**  
**Junior High and High School Lunch Menu**  
**February 2012**

**7th-12th Grade Lunch (includes 16 oz. fountain drink) — \$4.00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Sweet & Sour Chicken or Vegetable Egg Rolls (2) Fried Rice Lo Mein Noodles Fortune Cookie	<b>31</b> Red Beans & Rice with Sausage Side Salad with Ranch Dressing or Fried Okra Cornbread	<b>1</b> Pizza French Fries Baby Carrots with Ranch Dressing	<b>2</b> Beef Tacos Homemade Refried Beans Spanish Rice or Taco Salad	<b>3</b> Grilled Cheese Sandwich Homemade Vegetable Soup Chocolate Chip Cookie
<b>6</b> Chicken Tenders Mashed Potatoes with Gravy Green Beans Roll	<b>7</b> Spaghetti with Meat Sauce Green Beans Garlic Bread	<b>8</b> Baked Chicken Black-Eyed Peas Potatoes Au Gratin Roll	<b>9</b> Fish Sticks or Oven Fried Chicken Butter Beans or Oven Roasted Potatoes Roll	<b>10</b> Corn Dog Nuggets Green Beans or Fried Okra Macaroni & Cheese
<b>13</b> Chicken Nuggets or Baked Tilapia Brown Rice California Blend Vegetable Roll	<b>14</b> Chicken Sliders French Fries Side Salad with Dressing Valentine Cookie	<b>15</b> Hamburger on Bun Tater Tots Baby Carrots with Ranch Dressing	<b>16</b> Grilled Pork Chop Rice and Gravy Fried Okra or Black-Eyed Peas	<b>17</b> Popcorn Chicken Green Beans Mashed Potatoes with Gravy Roll
<b>20</b> Sausage & Pancakes with Syrup Scrambled Eggs Grits	<b>21</b> Hamburger Potato Chips Sugar Cookie Apple	<b>22</b> Chicken Sandwich Munchies Fruit Snack	<b>23</b> Baked Ziti Green Beans Garlic Bread Stick Side Salad with Ranch Dressing	<b>24</b>  <u>No Lunch Served</u> School will dismiss early for Class AAA State Basketball Tournament at East Rankin